

# deals

Now 2x monthly!

April 9–April 29, 2025

Scan to download!



**Bob's Red Mill Organic Flour**  
selected varieties

**\$6<sup>49</sup>**  
5 lb



**Martindale's**  
NATURAL MARKET



**If You Care Parchment Baking Paper**  
70 sq ft

**\$4<sup>79</sup>**

## Make memorable meals with these deals

**Wholesome Sweeteners Organic Brown Sugar**  
selected varieties

**\$3<sup>99</sup>**

24 oz



**Quinn Snacks Filled Pretzel Nuggets**  
selected varieties

**\$4<sup>29</sup>**

5.8–7 oz



**Immaculate Baking Company Organic Flaky Biscuits**

**\$3<sup>99</sup>**

16 oz



**Hu Organic Chocolate Bar**  
selected varieties

**2/\$<sup>7</sup>**

2.1 oz



**Cascadian Farm Organic Cereal**  
selected varieties

**2/\$<sup>6</sup>**

8.6–13.5 oz



**Siete Tortilla Chips**  
selected varieties

**\$3<sup>99</sup>**

5 oz



**C2O Coconut Water**  
selected varieties

**2/\$<sup>4</sup>**

17.5 oz



**Health-Ade Organic Kombucha**  
selected varieties

**2/\$<sup>6</sup>**

16 oz



**Califia Farms Almondmilk**  
selected varieties

**\$3<sup>79</sup>**

48 oz



Look for new deals on **April 30!**



Annie's **Promise for Better**: a promise to choose nutritious and pantry-worthy ingredients, to add yumminess to every kid's meal, and to use organic ingredients that are forever kind to the planet.



**Annie's Organic Bunny Crackers**  
selected varieties

**2/\$5**  
7.5 oz



**Annie's Organic Cheddar Cheesy Smiles**

**2/\$7**  
4 oz



**Annie's Mac & Cheese**  
selected varieties

**4/\$5**  
5.25-6 oz

**Daiya Deluxe Mac & Cheese**  
selected varieties



**\$3.79**  
10.6 oz

**Primal Kitchen Mayo with Avocado Oil**  
selected varieties



**\$7.99**  
12 oz

**Sir Kensington's Mayonnaise**  
selected varieties



**\$6.79**  
12 oz



Rice-obsessed since 1937. We exist to grow the highest quality rice using organic and regenerative farming practices because the health of our bodies and our planet depend on it.



**Lundberg Family Farms Organic Rice Pouches**  
selected varieties

**\$7.99**  
2 lb



**Lundberg Family Farms Organic Rice Cakes**  
selected varieties

**\$3.49**  
8.5 oz

**Divina Dolmas Stuffed Grape Leaves**



**\$3.29**  
7 oz

**Terra Chips Vegetable Chips**  
selected varieties



**2/\$6**  
5-6 oz

**Angie's BoomChickaPop  
Popcorn**

selected varieties

**2/\$6**

4.4-7 oz



**KIND  
Nut Bar**

selected varieties

**2/\$3**

1.4 oz



**Alter Eco  
Organic Chocolate Bar**

selected varieties

**2/\$7**

2.65-2.82 oz



**Little Secrets  
Crispy Wafers**

selected varieties

**\$1.69**

1.4 oz



**St. Dalfour  
French Fruit Spread**

selected varieties

**\$3.29**

10 oz

Hand-crafted near Bordeaux, France, our family follows a traditional French recipe, sweetening hand-selected fruit with vineyard-ripened grape juice. Small-batch cooking ensures the most delicious, highest-quality fruit spread.

**Annie's  
Organic Fruit Snacks**

selected varieties

**2/\$7**

7 oz



**Mavuno Harvest  
Organic Dried Fruit**

**\$2.79**

2 oz



**Farmer's Market  
Organic Pumpkin Puree**

**\$2.99**

15 oz



**Strawberry Lemonade Cupcakes**

1 HR 30 MIN · MAKES 18-20 · VEGETARIAN

**INGREDIENTS**

- 3 cups all-purpose flour or cake flour
- 4 teaspoons baking powder
- ½ teaspoon sea salt
- 12 tbsps (1 ½ sticks) unsalted butter, softened
- 1 ½ cups cane sugar
- 3 egg whites
- 1 cup buttermilk
- Zest and juice of 2 medium lemons
- 1 lb unsalted butter, softened
- 2 cups confectioner's sugar, sifted
- ¾ cup strawberry jam, divided
- 10 ripe strawberries, halved

**DIRECTIONS**

- 1 Preheat oven to 350°F. In a medium bowl, whisk together flour, baking powder, and salt.
- 2 In a large mixing bowl or the bowl of a stand mixer, cream butter and cane sugar together until pale in color. Whisk in egg whites until batter is smooth.
- 3 Fold in half the dry ingredients, then half the buttermilk and repeat. Fold in lemon zest and juice.
- 4 Line two cupcake pans with cupcake liners and fill ¾ full of batter. Bake for 20 minutes (rotating pans halfway through baking) or until a toothpick inserted in the centers come out clean. Set aside to cool completely.
- 5 Cream butter and add sifted confectioner's sugar. Beat frosting until smooth then mix in ½ cup of strawberry jam. Place in a piping bag fitted with a star piping tip.
- 6 To decorate cupcakes, pipe frosting in a circular pattern over the top of the cupcake leaving a well in the center. Place a teaspoon of strawberry jam in the center of the frosting. Top cupcakes with a strawberry half.



# HAPPY Earth Day

APRIL 22



## Let's Do Organic Organic Shredded Coconut

selected varieties

**\$2.99**

8-8.8 oz



## Simple Mills Almond Flour Baking Mix

selected varieties

**\$5.99**

9-12.9 oz



## One Degree Organics Organic Sprouted Cereal

selected varieties

**\$4.49**

8-10 oz



For plant-curious foodies seeking delicious and kinder food choices, Miyoko's Creamery is an organic plant milk creamery that crafts the world's finest vegan cheese & butter, empowering them to choose good food that nurtures good in our world.



## Miyoko's Kitchen Organic Plant Milk Butter

**\$4.29**

8 oz

## Recess Enhanced Water

selected varieties

**\$2.79**

12 oz



## Zevia Zero Sugar Soda

selected varieties

**\$5.79**

6/12 oz



**REBBL**  
**Organic Functional Beverages**  
 selected varieties



**2/\$7**

12 oz

**Treeline Cheese**  
**French-Style Cashew Cheese**  
 selected varieties

**\$5.99**

6 oz



**ROAR Organic**  
**Organic Vitamin Enhanced Beverage**  
 selected varieties



**\$1.69**

18 oz

**So Delicious**  
**Coconutmilk Yogurt Alternative**  
 selected varieties

**\$5.29**

24 oz



**Silk**  
**Organic Soymilk**  
 selected varieties



**\$4.49**

64 oz

**Green Valley**  
**Organic Cream Cheese**

**\$3.49**

8 oz



**Little Sesame**  
**Hummus**  
 selected varieties

**2/\$7**

8 oz



**Cascadian Farm**  
**Organic Potatoes**  
 selected varieties

**2/\$6**

12-16 oz



**Organic Valley**  
**Organic Butter**  
 selected varieties

**\$8.99**

16 oz



**Organic Valley**  
**Organic Ghee**  
 selected varieties

**\$7.99**

7.5-13 oz



**Organic Valley**  
**Organic Cream Cheese**  
 selected varieties

**\$3.49**

8 oz

Bring some small family farm goodness to your spring baking with Organic Valley. All Organic Valley dairy products are made with organic milk from pasture-raised cows for undeniably delicious flavor.

Gaia Herbs  
Turmeric Supreme Extra Strength



**\$20<sup>99</sup>**

60 vcap

Natural Factors  
Whole Earth & Sea  
Women's Multivitamin & Mineral



**\$23<sup>99</sup>**

60 tab

Alba Botanica  
Sunscreen  
selected varieties



**\$12<sup>99</sup>**

5 oz

gaia  
HERBS



KISS  
-the-  
GROUND  
FOR REGENERATION

# Healthy People Start with Healthy Soil



SILVER

At the Gaia Herbs farm, we are nurturing the land through regenerative organic agriculture. We're partnering with Kiss the Ground to inspire the transition of 5,000 acres to regenerative practices.





**Dr. Bronner's  
Organic Castile Liquid Soap**  
selected varieties

**\$14.99**

32 oz



**DR. BRONNER'S  
ALL-ONE!**

**Himalaya  
Toothpaste**  
selected varieties



**\$5.49**

4-5.29 oz

**Desert Essence  
Toothpaste**  
selected varieties



**\$5.49**

6.25 oz

**DrTung's  
Smart Floss**

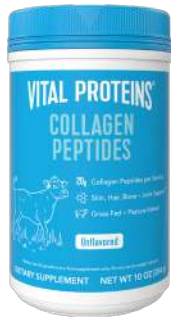


**\$3.99**

30 yd

**VITAL PROTEINS®**

90% Less Plastic, 100% Yes.  
Meet our blue paperboard tub.\*



**Vital Proteins  
Collagen Peptides**  
selected varieties

**\$19.99**

10 oz



**Vital Proteins  
Marine Collagen**

**\$28.99**

7.8 oz



**Vital Proteins  
Collagen Peptides**  
selected varieties

**\$34.99**

20 oz

\*Technically, it's made of 80% paperboard with over 90% plastic reduction across all canister offerings based on 2023 numbers versus the amount of plastic in the same number of canisters in 2025.

# Natural Dyed Eggs

1-2 HR

## INGREDIENTS

1 quart water

2 tablespoons white vinegar

Hard boiled eggs

For pink eggs: 2 medium beets,  
shredded or 2 tablespoons beet  
powder

For blue eggs: ½ small red cabbage

For orange eggs: 4 yellow onion skins

For yellow eggs: 2 tablespoons ground  
turmeric

## DIRECTIONS

**1** Place water and one natural coloring agent into a 2-quart pot and bring to a boil. Reduce heat and simmer for 15-30 minutes. Cool mixture and strain each mixture into a separate bowl using a fine sieve. Stir in vinegar.

**2** Place hard boiled eggs into respective dyes for 20 minutes, longer for deeper color.

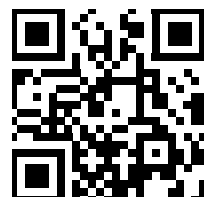


## Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit [www.naturalfoodretailers.com](http://www.naturalfoodretailers.com) or scan this code.



NE-B