



March 26-April 8, 2025





Simple Mills **Gluten Free Crackers** and Cookies

selected varieties

4.25-5.5 oz



**Seventh Generation Dish Liquid** 

selected varieties

## Get baking with these delicious deals

**Birch Benders Organic Pancake & Waffle Mix** 

selected varieties

Lily's **Baking Chips** 

selected varieties

9 oz

**Miss Jones Baking Co Organic Frosting** selected varieties



11.29 oz



cocojune **Organic Coconut Yogurt** 

selected varieties

14-16 oz

16 oz



**MALK Organic Almond Milk** 

selected varieties

**\$4**99

28 oz



Milkadamia Macadamia Milk

selected varieties

**\$4**79

32 oz



**OLIPOP Prebiotic Soda** selected varieties





poppi **Prebiotic Soda** 

selected varieties

12 oz



**Just Ice Tea Organic Iced Tea** 

selected varieties

16 oz







Stock your pantry with Pacific Foods to satisfy your craving for nourishment and fresh flavors any time. No GMOs, no fillers—just premium quality and taste to please every crowd.



**Pacific Foods Organic Soup** 

selected varieties



**Pacific Foods Organic Broth** 

selected varieties

32 oz

Safe Catch **Elite Wild Tuna** 



5 oz

**Nutiva Organic Virgin Coconut Oil** 



23 oz

**Napa Valley Naturals Organic Extra Virgin** Olive Oil

25.4 oz



**Simply Organic Organic Southwest Taco Seasoning Mix** 

10.5 oz

1.13 oz



**Barnana Organic Plantain Chips** 

selected varieties





## Hippeas Chickpea Puffs

selected varieties



3.75 - 4 oz



## Clif Bar Energy Bar

selected varieties

2/\$3

2.4 07



## GoMacro Organic MacroBar

selected varieties

2/\$5



2-2.3 oz

## SmartSweets Candy

selected varieties





## Big Tree Farms Organic Coconut Sugar

selected varieties



Spectrum Organic Shortening

\$899

24 oz



1.8 oz

## Jovial Organic Einkorn Flour

selected varieties

**\$629** 

32 oz



## Manitoba Harvest Organic Hemp Hearts

**\$9**99

12 oz



## Lakewood Organic Pure Carrot Juice

**\$549** 

32 oz



## **Coconut Hemp Protein Bites**

10 MIN • MAKES 14 • GLUTEN-FREE, GRAIN-FREE, VEGAN

### **INGREDIENTS**

½ cup raisins

1/3 cup roasted sunflower seeds

¼ cup sliced almonds

¼ cup walnuts

**DIRECTIONS** 

½ cup protein powder

2 tablespoons maple syrup

2 tablespoons hemp hearts

# 1 tablespoon chia seeds ½ cup almond butter ½ cup shredded coconut

1 In a food processor, place raisins, nuts, sunflower seeds, protein powder, maple syrup, hemp hearts, and chia seeds. Run machine until mixture is finely minced.

2 Place nut/seed mixture in a mixing bowl and work in almond butter until dough forms.

3 Scoop mixture into tablespoon amounts and roll into balls then coat in shredded coconut. Store in an airtight container in the refrigerator.



## R.W. Knudsen Organic Just Tart Cherry Juice

**\$7**29

32 oz



SweetLeaf Liquid Stevia

selected varieties

**\$6**99

2 oz



Califia Farms **Better Half Creamer** 

16.9 oz



Ripple **Plant-Based Milk** selected varieties

**\$4**9

48 oz



**Organic Valley Organic Milk** 

selected varieties



64 oz

**Nuts for Cheese Earth Balance Organic Dairy-Free Cheese** 

selected varieties



4.2 oz



**Organic Vegan Buttery Spread** 

selected varieties



Kerrygold **Butter** 

selected varieties



8 oz

**Bitchin' Sauce** Almond Dip

selected varieties

7-8 oz



**Alexia Organic Fries** 

13 oz

selected varieties



15-16 oz



Woodstock **Organic Vegetables** 

selected varieties



10 oz



At MegaFood, we use 50+ years of scientific expertise to create effective, planet-first vitamins and supplements. We are a Certified B Corporation and member of 1% for the Planet. Everything we do is driven by the belief in the power of plants to nurture your health and the planet's health.



MegaFood Magnesium 300 mg

60 ct



MegaFood **Blood Builder** 

30 ct



MegaFood Whole Body **Turmeric Curcumin** 

60 ct

## Orgain **Organic Nutrition Plant Protein Shake**

selected varieties



11 oz

**Bluebonnet Magnesium Citrate** 

60 ct

**American Health** Ester-C 1000 mg with **Citrus Bioflavonoids** 

**\$21**99

90 cap

**Everyone Hand Soap** 

selected varieties

12.75 oz



90 vcap

**NOW** D-Mannose 500 mg

120 vcap

**Garden of Life Organic B-12 Spray** 

2 oz

Magnesium

Citrate

everyone

**Nordic Naturals Ultimate Omega** 

60 ct

Mrs. Meyer's Clean Day **Liquid Hand Soap** 

selected varieties

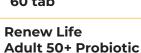
12.5 oz



**Boiron** AllergyCalm

**\$10**99

60 tab



30 ct



ALLERGY RELIEF

AllergyCalm

BOIRON®

Jarrow Saccharomyces **Boulardii + MOS** 

90 vcap



**ACURE Brightening Facial Scrub** 

4 oz



**ECOS Laundry Detergent** 

selected varieties

100 oz





**LOW** 

mykind

NORDIC

**ULTIMATE** omega



## **Chocolate Chip Banana Bread**

1 HR • MAKES 2 LOAVES • VEGETARIAN

#### **INGREDIENTS**

1 stick unsalted butter, room temperature

1 cup cane sugar

½ teaspoon vanilla extract

3 ripe bananas, mashed

2 large eggs

1 ½ cups all-purpose flour

¹⁄₃ cup cocoa powder, sifted

1 teaspoon baking soda

¼ teaspoon sea salt

½ cup sour cream

34 cup semisweet chocolate chips

#### **DIRECTIONS**

1 Cream butter, sugar, and vanilla together until pale in color. In a separate bowl, whisk together bananas, and eggs. Add the banana mixture to the creamed butter and mix until just combined. Preheat oven to 350°F.

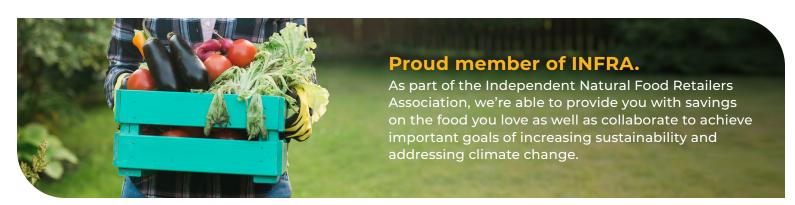
**2** Whisk together flour, cocoa powder, baking soda, and sea salt. Fold into wet ingredients.

**3** Add sour cream and fold the batter again until just combined then fold in chocolate chips.

**4** Grease loaf pans with butter or baking spray, optionally, line them with parchment paper. Divide batter evenly between the two prepared pans.

**5** Bake for 35–45 minutes or until a toothpick inserted in the center comes out clean. Allow banana bread to rest for 10 minutes before removing from pan.





**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit **www.naturalfoodretailers.com** or scan this code.



NE-A