



Martindale's
NATURAL MARKET

Now 2x monthly!

deals

January 15–January 28, 2025



\$3.29

Mary's Gone Crackers
Organic Crackers
selected varieties
5–6.5 oz

\$3.79

Wild Planet
Wild Albacore Tuna
selected varieties
5 oz

\$3.79

Grab these deals on your favorite drinks

Essentia Water
Alkaline Water



GT's
Alive Ancient Mushroom Elixir
selected varieties



So Delicious
Organic Coconut Milk
selected varieties



2/\$4

1.5 lt

2/\$6

16 oz

2/\$5

32 oz

LesserEvil
Organic Popcorn
selected varieties



Cascadian Farm
Organic Potatoes
selected varieties



Simple Mills
Almond Flour Crackers
selected varieties



2/\$6

4.6–6.4 oz

2/\$8

16 oz

\$3.79

4.25 oz

Muir Glen
Organic Tomatoes
selected varieties



Food For Life
Organic Ezekiel 4:9® Bread
selected varieties



Garden of Eatin'
Taco Shells
selected varieties



2/\$3

14.5 oz

\$4.79

24 oz

\$3.49

5.5 oz



Look for new deals on **January 29!**

**Koyo
Ramen**
selected varieties

2/\$2

2 oz



**Maya Kaimal
Organic Everyday Dal**
selected varieties

\$3.29

10 oz



**Mike's Mighty Good
Craft Ramen**
selected varieties

\$1.89

1.6-2.4 oz



**Pacific Foods
Organic Soup**
selected varieties

\$3.29

16.1-16.5 oz



**Pacific Foods
Organic Broth**
selected varieties

\$5.29

32 oz



**Pacific
FOODS.**

Stock your pantry with delicious organic soups and broths from Pacific Foods. Pacific soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.

**Muir Glen
Organic Pasta Sauce**
selected varieties

2/\$6

23.5 oz



**Coconut Secret
Organic Coconut Aminos**

\$4.99

8 oz



**PRIMAL
KITCHEN®**

Add bold, crave-worthy flavor to the real foods you love with Primal Kitchen Organic Unsweetened Ketchup, no-dairy Ranch Dressing, and Mayo with Avocado Oil. Our premium pantry staples are made with real ingredients like organic California-grown tomatoes and cage-free eggs for a classic taste that kids and parents love. No artificial sweeteners and no nonsense!



**Primal Kitchen
Dressing**
selected varieties

\$5.79

8 oz



**Primal Kitchen
Organic Ketchup**
selected varieties

\$4.79

11.3 oz



**Primal Kitchen
Mayo with
Avocado Oil**
selected varieties

\$8.49

12 oz



A Promise for Goodness

- Real, purposeful ingredients
- Mac made with organic pasta and 100% real cheese
- USDA Certified Organic snacks
 - Never, ever using artificial colors or flavors



Annie's Mac & Cheese
selected varieties



Annie's Organic Bunny Crackers
selected varieties

4/\$5

5.25-6 oz

2/\$7

7.5 oz

Hippeas Chickpea Puffs
selected varieties

2/\$6

3.75-4 oz



Inka Crops Plantain Chips
selected varieties

\$2²⁹

3.25-4 oz



Good Health Peanut Butter Filled Pretzels

\$2²⁹

5 oz



Larabar Fruit & Nut Bar
selected varieties



2/\$2

1.6-1.7 oz

Alter Eco Organic Chocolate Bar
selected varieties

2/\$7

2.65-2.82 oz



The Ginger People Gin Gins® Ginger Candy
selected varieties

\$2⁴⁹

3 oz



One Degree Organics Organic Sprouted Cereal
selected varieties

\$4²⁹

8-10 oz



Cascadian Farm Organic Cereal
selected varieties

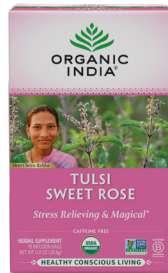
2/\$7

8.6-14.6 oz





Organic India was born from determination to restore depleted land with traditional and regenerative organic farming practices. When the soil flourishes, when gardens flourish, when farmers flourish—we all flourish.



Organic India Organic Tulsi Tea
selected varieties

\$379
18 ct



Organic India Organic Psyllium Husk

\$1199
12 oz

Catalina Crunch Keto Friendly Cereal
selected varieties



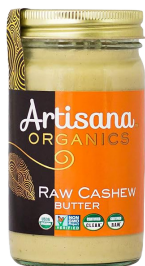
\$649
8-9 oz

Once Again Organic Tahini



\$699
16 oz

Artisana Organics Organic Raw Cashew Butter



\$1299
14 oz

Navitas Organic Cacao Powder



\$849
8 oz

Big Tree Farms Organic Coconut Sugar
selected varieties



\$399
16 oz

Jovial Organic Einkorn Flour
selected varieties



\$629
32 oz

Spectrum Naturals Organic Shortening



\$849
24 oz

Choice Organic Teas Organic Tea
selected varieties



\$329
16 ct

nutpods Dairy-Free Creamer
selected varieties



\$279
11.2 oz

Santa Cruz Organic Organic Lime Juice



\$349
16 oz

R.W. Knudsen Organic Just Tart Cherry Juice



\$679
32 oz

**Aura Bora
Herbal Sparkling Water**

selected varieties

2/\$3

12 oz



**ROAR Organic
Organic Vitamin Enhanced Beverage**

selected varieties

\$1.79

18 oz



**Vita Coco
Coconut Water**

selected varieties

2/\$4

500 ml



**Zevia
Zero Calorie Soda**

selected varieties

\$5.79

6/12 oz



**KeVita
Organic Kombucha**

selected varieties

\$2.79

15.2 oz



**Califia Farms
Barista Blend Oatmilk**

selected varieties

\$3.49

32 oz



**Native Forest
Organic Coconut Milk**

selected varieties

\$2.49

13.5 oz



**Earth Balance
Organic Vegan Buttery Spread**

selected varieties

\$4.99

13 oz



**Brown Cow
Cream Top Whole Milk Yogurt**

selected varieties



5/\$5

5.3 oz

**siggi's
Icelandic Style Yogurt**

selected varieties

\$1.39

4-5.3 oz



**The Coconut Cult
Organic Probiotic Coconut Yogurt**

selected varieties

\$7.49

8 oz



**Siete
Grain Free Tortillas**

selected varieties

\$6.99

8 ct



**Field Roast
Sausage**

selected varieties

\$5.29

9.3-12.95 oz





BEYOND MEAT®

The positive choices we make every day—no matter how small—can have a great impact on ourselves and the planet. At Beyond, we've taken the animal-based meal off the table, while still delivering the meaty, plant-based, better-for-you meals you crave.



**Beyond Meat
Beyond Burger**

\$4.79

8 oz



**Beyond Meat
Beyond Ground Beef**

\$6.99

16 oz



**Beyond Meat
Beyond Sausage**
selected varieties

\$6.49

14 oz

Gardein Plant-Based Meat

selected varieties



\$3.99

8.1–13.7 oz

Van's Waffles

selected varieties



\$3.29

8–9 oz

JonnyPops Organic Pops

selected varieties



\$4.79

14.8 oz

Caramelized Onion & Aioli Beyond Burger

30 MIN–1 HR • SERVES 4 • VEGAN

INGREDIENTS

- 4 **Beyond Burger** patties (2 packages)
- 4 slices **Daiya** smoked gouda cheese
- 4 ciabatta buns
- Caramelized onions*
- 3 cups arugula
- Garlic aioli

DIRECTIONS

- 1 Cook **Beyond Burger** according to package instructions. 2–3 minutes before patty is finished cooking, add a slice of **Daiya** smoked gouda cheese and allow it to melt.
- 2 Toast ciabatta buns for 2–3 minutes. Top with **Beyond Burger** patty followed by caramelized onions and fresh arugula.
- 3 Spread garlic aioli on top ciabatta half and enjoy!

*Allow 30 min–1 hr for onions to caramelize fully.



**Beekeeper's Naturals
Propolis Immune Support
Throat Spray**

\$10⁴⁹

30 ml



**Orgain
Organic Vegan Nutritional Shake**
selected varieties

\$3²⁹

11 oz



**Sunwarrior
Organic Protein Powder**
selected varieties

\$26⁹⁹

375 g



**Flora
Super 8 Hi-Potency Probiotic**

\$19⁹⁹

30 cap



**Garden of Life
Dr. Formulated Probiotics
Once Daily Women's**

\$28⁹⁹

30 cap



**Natural Factors
WellBetX® Berberine 500 mg**

\$20⁹⁹

60 vcap



**Jarrow
Saccharomyces Boulardii + MOS**

\$25⁹⁹

90 vcap



**Country Life
Coenzyme B-Complex**

\$20⁹⁹

120 vcap



**Floradix
Floravital Iron & Herbs**

\$21⁹⁹

8.5 oz



**Bluebonnet
Liquid Calcium Magnesium Citrate**

\$15⁹⁹

16 oz



**Biosil
Collagen Generator**

\$34⁹⁹

60 cap



**Andalou Naturals
Age Defying Resveratrol Q10
Night Repair Cream**

\$17⁹⁹

1.7 oz



**Desert Essence
Toothpaste**
selected varieties

\$5⁷⁹

6.25 oz



**DrTung's
Dental Floss**

\$3⁹⁹

30 yd



**Everyone
Hand Soap**
selected varieties

\$3⁷⁹

12.75



Mini Wild Albacore Tuna Sweet Potato Cakes

1 HR • SERVES 2

INGREDIENTS

- | | |
|--|------------------------------------|
| ½ medium sized sweet potato | ¼ up shredded carrot |
| 1 can (5 ounces) Wild Planet Albacore Wild Tuna , undrained | 1 teaspoon lemon zest |
| 1 egg | 1 tablespoon chopped fresh parsley |
| ¼ cup breadcrumbs | Ground black pepper, to taste |
| 2 tablespoons finely chopped green onion | 1 teaspoon olive oil |

DIRECTIONS

- 1 Preheat oven to 400°F. Line a baking sheet with parchment paper. Cut a sweet potato in half lengthwise and place one half flat side down on the parchment paper.
- 2 Bake for about 40 minutes or until the sweet potato half is soft when tested with a fork.
- 3 Scoop out the inside of the sweet potato half into a bowl and add the **Wild Planet Albacore Wild Tuna**, egg, breadcrumbs, green onion, carrot, lemon zest, parsley, and black pepper. Mix until combined, lightly breaking up the tuna while mixing.
- 4 Heat olive oil in a frying pan over medium heat. Shape about ¼ cup of the tuna mixture into a small round cake and cook in the heated frying pan for two to three minutes on each side or until golden brown. Repeat with the rest of the tuna mixture.

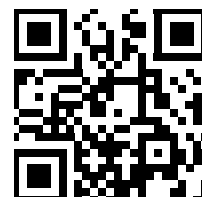


Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



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